



Unlock Power and Success with 'Survivor,' Psychologist Recommends

Description

The eminent psychologist, who also happens to be a fan of reality TV, asserts that valuable lessons in the art of acquiring and wielding power can be gleaned from observing the dynamics of "Survivor." Adam Grant, renowned for his bestselling business publications and illustrious academic background, never shies away from indulging in the occasional dose of lighthearted television entertainment.

Grant openly admits that watching "Survivor" has become a cherished ritual for him and his family. Together, they relish dissecting the strategic moves of contestants and predicting the outcomes of tribal councils. However, beyond mere entertainment, Grant emphasizes that the show imparts crucial insights into power dynamics and effective power utilization, insights that hold relevance for professionals and entrepreneurs alike.

A Noteworthy Lesson in Power Dynamics from "Survivor"

Delving into a standout moment from the series, Grant lauds a strategic move in season 16 where eventual winner Parvati Shallow orchestrated a game-changing alliance known as the "Black Widow Brigade." This alliance maneuvered to convince a fellow contestant, Erik, to forfeit his immunity necklace, ultimately leading to his elimination. The episode underscores a fundamental dichotomy between power and status that individuals aspiring for success in any collaborative setting must grasp.

Discerning Power versus Status

Grant engages with organizational psychologist Alison Fragale and former aide to Michelle Obama, Chynna Clayton, to explore the distinction between power and status. While power entails control over coveted resources, status revolves around the perception of one's value and respect by others. The narrative of Erik's downfall elucidates the importance of prioritizing status over power in interpersonal interactions.

Strategies for Building Status

Clayton's ascent from an intern to a pivotal role within the First Lady's team exemplifies the significance of fostering competence and displaying compassion in cultivating status. The endeavor to prioritize status over power involves acts of inclusivity, humility, and skillful persuasion subtly underscored by Grant's exploration of leadership tactics that resonate with egotistical personalities.

By emulating Parvati's strategic emphasis on nurturing relationships and earning respect, professionals can establish a foundation of status that propels them towards lasting success.



Vocabulary List:

1. **Eminent** /'ɛmɪnənt/ (adjective): Famous and respected within a particular sphere or profession.
2. **Dynamics** /daɪ'næmɪks/ (noun): The forces or properties that stimulate growth development or change within a system or process.
3. **Orchestrated** /'ɔrkəstreɪtɪd/ (verb): Arranged or directed the elements of a situation to produce a desired effect.
4. **Elimination** /ɪlɪmə'neɪʃən/ (noun): The process of removing or being removed.
5. **Distinction** /dɪs'tɪŋkʃən/ (noun): A difference or contrast between similar things or people.
6. **Fostering** /'fɔ:stərɪŋ/ (verb): Encouraging or promoting the development of something.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which word means famous and respected within a particular sphere or profession?
Option: Eminent
Option: Dynamics
Option: Distinction
Option: Ascend
2. Which word describes the ability to accomplish a task with minimal wasted resources?
Option: Gravitas
Option: Reinstatement
Option: Efficiency
Option: Devastation
3. What term refers to the process of flooding or overwhelming something with an abundance of liquid?
Option: Casualties
Option: Inundation
Option: Fostering
Option: Efficacy
4. Which word means the power or strength of something?
Option: Plenitude
Option: Potency
Option: Programmatic
Option: Aftermath
5. What term describes a group consisting of different elements or types?



- Option: Casualties
- Option: Landfall
- Option: Diverse
- Option: Elimination

6. Which word means showing a willingness to take surprisingly bold risks?

- Option: Acumen
- Option: Audacious
- Option: Restoration
- Option: Intensifies

7. What term describes the process of making something accessible to everyone?

- Option: Optimization
- Option: Engagement
- Option: Prohibition
- Option: Democratizing

8. Which term means to arrange or direct the elements of a situation to produce a desired effect?

- Option: Orchestrated
- Option: Programmatic
- Option: Fostering
- Option: Gravitas

9. Which word refers to an event action or object that clearly shows a particular abstract idea or quality?

- Option: Manifestation
- Option: Optimization
- Option: Eminent
- Option: Conduit

10. Which word describes the act of participating or becoming involved in an activity or organization?

- Option: Efficacy
- Option: Engagement
- Option: Landfall
- Option: Dichotomy

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. _____ refers to the action of forbidding something especially by law.

12. The _____ of the storm caused widespread destruction in the coastal region.



13. Her business _____ allowed her to make successful strategic decisions.
14. The market offers a _____ of options to cater to various consumer needs.
15. The medicine has been tested for its _____ in treating the common cold.
16. The hurricane made _____ on the east coast causing significant damage.
17. The artist focused on the _____ of ancient artifacts found in the ruins.
18. The market is filled with a _____ of new technological gadgets.
19. The climbers began to _____ the steep mountain in the early morning.
20. The community came together to help rebuild after the devastating _____ of the tornado.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The competition becomes fiercer as the rivalry between the two teams .
22. The environmental policies had a significant on reducing carbon emissions.
23. The leader's speech was delivered with authority and that commanded respect.
24. The internet serves as a vital for the exchange of information worldwide.
25. The political debate revealed a clear between the two opposing viewpoints.
26. The educational program focuses on creativity and innovation in students.
27. The company implemented new strategies for cost and efficiency.
28. The battle resulted in numerous among the soldiers on both sides.
29. The community came together to rebuild in the of the natural disaster.
30. The volcanic eruption caused widespread to the surrounding area.



Answer

Multiple Choice: 1. Eminent 2. Efficiency 3. Inundation 4. Potency 5. Diverse 6. Audacious 7. Democratizing 8. Orchestrated 9. Manifestation 10. Engagement

Gap-Fill: 11. Prohibition 12. intensity 13. acumen 14. plenitude 15. efficacy 16. landfall 17. restoration 18. plethora 19. ascend 20. aftermath

Matching sentence: 1. Intensifies 2. Impact 3. Gravitas 4. Conduit 5. Dichotomy 6. Fostering 7. Optimization 8. Casualties 9. Aftermath 10. Devastation

CATEGORY

1. Business - LEVEL6

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