



WARNING: Possible Measles Exposure at Two Eureka Sites | Lost Coast Outpost

Description

The Humboldt County Department of Health and Human Services has issued a warning to individuals who may have been exposed to measles at two locations in Eureka. If you visited the Days Inn by Wyndham on Fifth St. on May 9-10 or the Providence St. Joseph Hospital Emergency Department on May 10, you are advised to contact the Public Health Branch at 707-268-2182.

Measles is a highly contagious virus spread through coughing and sneezing. Symptoms can take 7-21 days to appear and include fever, cough, runny nose, pink eye, and a rash. It is especially dangerous for young children, pregnant women, and those with weakened immune systems.

Unvaccinated individuals who may have been exposed are urged to get vaccinated within 72 hours to reduce the risk of serious illness. The MMR vaccine is 97% effective at preventing measles. Digital vaccination records are available through the California Department of Public Health for easy access.

A recent case of measles was reported in a family traveling through the area, prompting the health department to issue the alert. Anyone who was at the mentioned locations during the specified times should seek medical advice, even if not experiencing symptoms.

Remember to stay vigilant and seek medical attention if you suspect you may have been exposed to measles. Prevention is key to stopping the spread of this dangerous virus. Stay informed, stay safe, and protect yourself and your loved ones.

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Vocabulary List:

1. **Exposure** // (noun): In contact with a disease or harmful substance.
2. **Contagious** // (adjective): Easily transmitted or spread.
3. **Symptoms** // (noun): Signs indicating the presence of a disease.
4. **Immune** // (adjective): Protected from or resistant to a particular infection.
5. **Serious** // (adjective): Significant or dangerous in degree or effect.
6. **Alert** // (noun): A warning of a possible danger.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. Which type of cancer affects the colon and rectum?
Option: Breast cancer
Option: Lung cancer
Option: Colorectal cancer
Option: Prostate cancer
2. Which term describes a disease that can be spread from one person to another?
Option: Contagious
Option: Genetic
Option: Chronic
Option: Autoimmune
3. What type of cancer treatment boosts the body's natural defenses to fight cancer?
Option: Surgery
Option: Radiation therapy
Option: Immunotherapy
Option: Chemotherapy
4. Which natural compound is found in cannabis and contributes to its aroma and flavor?
Option: Steroid
Option: Terpene



- Option: Antioxidant
- Option: Beta-carotene

5. Which term describes the introduction of new ideas or methods?

- Option: Traditional
- Option: Stagnant
- Option: Conservative
- Option: Innovative

6. Which term refers to an unfounded or exaggerated distrust of others?

- Option: Trust
- Option: Skepticism
- Option: Paranoia
- Option: Empathy

7. What word describes being the first to develop or use new methods or ideas?

- Option: Conventional
- Option: Pioneering
- Option: Derivative
- Option: Obsolete

8. Which term refers to the capacity to recover quickly from difficulties?

- Option: Vulnerability
- Option: Resilience
- Option: Fragility
- Option: Infirmity

9. Which term means fully aware and attentive?

- Option: Distracted
- Option: Alert
- Option: Nonchalant
- Option: Indifferent

10. What word means to change something radically or fundamentally?

- Option: Maintain
- Option: Revolutionize
- Option: Customize
- Option: Conserve

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)



11. Early _____ of a disease can lead to better treatment outcomes.
12. The _____ impact of human activities on the planet is a growing concern.
13. The scientist made a _____ discovery that changed the field of physics.
14. The invention of the internet was a _____ development in communication technology.
15. Medication can help to _____ pain and discomfort.
16. Campaigns are held to raise _____ about the importance of mental health.
17. The doctor discussed the expected _____ for the patient's recovery.
18. Ignoring a persistent cough can lead to _____ health complications.
19. Some plants have _____ properties that promote healing.
20. It is important to seek medical attention in a _____ manner when symptoms arise.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. The long-term to sunlight can increase the risk of skin cancer.
22. Fever cough and fatigue are common of the flu.
23. She became an for animal rights and welfare.
24. The new technology was hailed as a breakthrough in the industry.
25. Despite medical advancements some diseases remain .
26. Chickenpox is a highly disease that spreads easily among children.
27. Her brave story of overcoming adversity continues to others.
28. Some medical treatments involve the use of compounds derived from .
29. The team's research led to a discovery in the field of medicine.



30. Vaccines work by stimulating the production of specific to fight infections.

Answer

Multiple Choice: 1. Colorectal cancer 2. Contagious 3. Immunotherapy 4. Terpene 5. Innovative 6. Paranoia 7. Pioneering 8. Resilience 9. Alert 10. Revolutionize

Gap-Fill: 11. diagnosis 12. environmental 13. groundbreaking 14. revolutionary 15. alleviate 16. awareness 17. prognosis 18. serious 19. therapeutic 20. timely

Matching sentence: 1. exposure 2. symptoms 3. advocate 4. revolutionary 5. incurable 6. contagious 7. inspire 8. cannabis 9. groundbreaking 10. antigens

CATEGORY

1. Health - LEVEL6

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