



What is the cause of lung cancer? Risk factors for smokers and non-smokers.

Description

A new video showcases the remarkable story of a cancer patient who regained his voice through a larynx transplant. Marty Kedian underwent this rare procedure to remove a form of laryngeal cancer, making history as the first active cancer patient to have a successful transplant. This heartwarming story serves as a reminder to never give up on life.

Lung cancer, the second most common cancer in the US, affects both men and women. The American Cancer Society estimates that around 250,000 people will be diagnosed with lung cancer in 2024, resulting in about 125,000 deaths. While statistics show a decline in cases, health experts emphasize the importance of early detection and treatment.

Smoking remains a major cause of lung cancer, responsible for 80% of deaths. However, non-smokers can also develop the disease due to factors like secondhand smoke and environmental pollutants. Recognizing the signs and symptoms of lung cancer, such as persistent coughing and unexplained weight loss, is crucial for early intervention and successful treatment.

By quitting smoking and seeking regular screenings, individuals can significantly reduce their risk of developing lung cancer. This article highlights the importance of taking proactive steps towards better lung health.

Vocabulary List:

1. **Transplant** /'træn.splænt/ (noun): The act or process of moving an organ or tissue from one body to another.
2. **Detect** /dɪ'tekt/ (verb): To discover or identify the presence of something.
3. **Coughing** /'kɔ:fɪŋ/ (noun): The act of forcing air out of the lungs with a sudden sharp sound.
4. **Intervention** /,ɪn.tə'veɪn.jən/ (noun): The act of interfering or getting involved to help improve a situation.
5. **Symptoms** /'sɪmp.təmz/ (noun): Physical or mental features indicating a condition or disease.
6. **Pollutants** /pə'lu:tənts/ (noun): Substances that contaminate the environment causing harm or discomfort.

Comprehension Questions



Multiple Choice

1. What is the second most common cancer in the US?
Option: Breast cancer
Option: Colorectal cancer
Option: Lung cancer
Option: Prostate cancer

2. What is a major cause of lung cancer according to the text?
Option: Excessive exercise
Option: Genetic mutations
Option: Smoking
Option: Healthy diet

3. What percentage of lung cancer deaths is attributed to smoking?
Option: 30%
Option: 50%
Option: 70%
Option: 80%

4. What are some signs and symptoms of lung cancer mentioned in the text?
Option: Joint pain and fatigue
Option: Nausea and dizziness
Option: Persistent coughing and unexplained weight loss
Option: Headaches and blurred vision

5. How can individuals reduce their risk of developing lung cancer?
Option: Eating more sugar
Option: Exercising less
Option: Quitting smoking and seeking regular screenings
Option: Ignoring symptoms

6. What does the article emphasize regarding lung health?
Option: Avoiding all medical check-ups
Option: Ignoring any respiratory issues
Option: Waiting for symptoms to worsen
Option: Taking proactive steps towards better lung health



Answer

Multiple Choice: 1. Lung cancer 2. Smoking 3. 80% 4. Persistent coughing and unexplained weight loss
5. Quitting smoking and seeking regular screenings 6. Taking proactive steps towards better lung health

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What is a sudden interruption in the blood supply to the brain called?

- Option: Heart attack
- Option: Stroke
- Option: Aneurysm
- Option: Hypertension

2. What is the treatment intended to relieve or heal a disorder called?

- Option: Counseling
- Option: Therapy
- Option: Surgery
- Option: Medication

3. Which term refers to the condition of being grossly overweight?

- Option: Anemia
- Option: Obesity
- Option: Malnutrition
- Option: Starvation

4. What bodily reaction causes shivering and feeling cold?

- Option: Chills
- Option: Fever
- Option: Sweating
- Option: Hot flashes

5. What is the fear of vomiting known as?

- Option: Emetophobia
- Option: Agoraphobia
- Option: Arachnophobia
- Option: Claustrophobia



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6. What unit of energy is used to measure the energy content of food?
- Option: Gallons
 - Option: Miles
 - Option: Calories
 - Option: Pounds
7. What type of treatment involves working on emotional issues with a trained professional?
- Option: Surgery
 - Option: Therapy
 - Option: Pharmacy
 - Option: Rehabilitation
8. Which term describes the feeling of worry nervousness or unease?
- Option: Peace
 - Option: Anxiety
 - Option: Joy
 - Option: Contentment
9. What are harmful substances in the environment known as?
- Option: Nutrients
 - Option: Pollutants
 - Option: Antioxidants
 - Option: Toxins
10. What is the blockage or accumulation of fluid in a bodily tube or duct?
- Option: Fascination
 - Option: Congestion
 - Option: Desolation
 - Option: Contradiction

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. A person who has lived through a life-threatening event is called a _____.
12. A different form or version of something is known as a _____.
13. Choosing not to notice or acknowledge something is the act of _____.
14. The process of transferring an organ from one person to another is called a _____.
15. To discover or identify the presence of something is to _____ it.



16. A deliberate action taken to modify a situation is an _____.
17. The systematic investigation into and study of materials and sources in order to establish facts and reach new conclusions is known as _____.
18. Expelling air from the lungs with a sudden sharp sound is called _____.
19. The mental state achieved by focusing one's awareness on the present moment is termed _____.
20. The relationship or association between two or more things is known as a _____.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. Indications of a particular disease or condition as experienced by a patient.
22. Individuals who take part in a particular activity or study.
23. Material with particular physical characteristics.
24. A link or relationship between two or more concepts or entities.
25. Systematic investigation and collection of information for analysis.
26. Causing weakness or impairment in someone.
27. A form or version of something that differs in some way.
28. Treatment intended to relieve or heal a disorder.
29. Harmful substances that contaminate the environment.
30. Paying attention to the present moment purposefully and without judgment.

Answer

Multiple Choice: 1. Stroke 2. Therapy 3. Obesity 4. Chills 5. Emetophobia 6. Calories 7. Therapy 8. Anxiety 9. Pollutants 10. Congestion

Gap-Fill: 11. Survivor 12. Variant 13. Ignoring 14. Transplant 15. Detect 16. Intervention 17. Research 18. Coughing



19. Mindfulness 20. Connection

Matching sentence: 1. Symptoms 2. Participants 3. Substances 4. Connection 5. Research 6. Debilitating
7. Variant 8. Therapy 9. Pollutants 10. Mindfulness

CATEGORY

1. Health - LEVEL2

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