



Why You Should Avoid Tap Water for Your Peace Lily

Description

Peace lilies are favoured houseplants due to their vibrant green foliage and delicate white flowers. Despite their low-maintenance reputation, these plants exhibit high sensitivity, which can complicate care routines.

One individual has reported successfully maintaining a peace lily for over five years, attributing this success to family heritage. However, many struggle with keeping their peace lilies healthy, often due to improper watering methods. Recent observations suggest that the type of water affects plant health significantly.

Tap water, commonly used due to its convenience, may contain harmful chemicals such as fluoride and chlorine. These substances can cause symptoms, including browning tips on leaves, which indicate potential distress. To mitigate this issue, it's advised to leave tap water to stand for 24 to 48 hours before use, allowing some chemicals to dissipate, although this approach may not eliminate them entirely.

An alternative is using rainwater, which can be collected in containers during wet weather, or opting for filtered or distilled water. These types offer a safer nutrient source for peace lilies, ensuring optimal growth without harmful additives.

Watering should be done cautiously; ensuring the topsoil remains moist without becoming saturated is crucial. Additionally, using room temperature water can enhance absorption, benefitting the plant's wellbeing.

For individuals prone to forgetting regular watering, establishing a routine, such as designating a specific day as a watering day, can prove helpful. This simple strategy may aid in sustaining the health of peace lilies and avoiding care-related pitfalls.

As more people adopt these practices, the likelihood of successfully nurturing peace lilies could improve, enhancing their presence in homes.

Vocabulary List:

1. **Foliage** /'fɒʊliɪdʒ/ (noun): The leaves of a plant collectively.
2. **Sensitivity** /,sɛnsɪ'tɪvɪti/ (noun): The quality or condition of being sensitive; the ability to detect or respond to changes.
3. **Cautiously** /'kɔ:ʃəsli/ (adverb): In a careful manner; avoiding potential problems or dangers.
4. **Mitigate** /'mɪtɪ,geɪt/ (verb): To make less severe serious or painful.
5. **Optimal** /'ɑ:ptɪmə/ (adjective): Most conducive to a favorable outcome; best.
6. **Sustain** /sə'steɪn/ (verb): To support keep or maintain something over time.



Comprehension Questions

Multiple Choice

1. What is a key characteristic of peace lilies?
 - Option: Large size
 - Option: Delicate white flowers
 - Option: Thorny leaves
 - Option: Colorful petals
2. What common issue affects peace lilies?
 - Option: Overexposure to sunlight
 - Option: Improper watering methods
 - Option: Too much fertilizer
 - Option: Insufficient humidity
3. Which type of water is suggested as an alternative for peace lilies?
 - Option: Boiled water
 - Option: Tap water
 - Option: Rainwater
 - Option: Sea water
4. What should tap water be allowed to do before using it for peace lilies?
 - Option: Boil for 5 minutes
 - Option: Stand for 24 to 48 hours
 - Option: Cool to room temperature
 - Option: Be mixed with fertilizer
5. What is one benefit of using room temperature water for peace lilies?
 - Option: Reduces the need for watering
 - Option: Enhances absorption
 - Option: Prevents root rot
 - Option: Serves as a fertilizer substitute
6. What strategy can help individuals remember to water their peace lilies?
 - Option: Using a timer



- Option: Designating a specific watering day
- Option: Watering every other day
- Option: Keeping a watering journal

True-False

7. Peace lilies require a lot of maintenance to stay healthy.
8. Leaving tap water to stand can help reduce harmful chemicals.
9. Rainwater is a suitable alternative for watering peace lilies.
10. Chlorine is a beneficial chemical for peace lilies.
11. Browning tips on leaves can indicate distress in peace lilies.
12. Watering peace lilies should be done until the soil is completely saturated.

Gap-Fill

13. Peace lilies are known for their vibrant green foliage and delicate white _____ .
14. Many individuals struggle with keeping their peace lilies healthy due to _____ watering methods.
15. Tap water may contain harmful chemicals such as fluoride and _____ .
16. It's advisable to leave tap water to stand for _____ to 48 hours before use.
17. Using _____ water can enhance absorption for peace lilies.
18. Establishing a _____ can help in maintaining the health of peace lilies.

Answer

Multiple Choice: 1. Delicate white flowers 2. Improper watering methods 3. Rainwater 4. Stand for 24 to 48 hours 5. Enhances absorption 6. Designating a specific watering day

True-False: 7. False 8. True 9. True 10. False 11. True 12. False

Gap-Fill: 13. flowers



14. improper 15. chlorine 16. 24 17. room temperature 18. routine

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What nutrient is essential for digestive health and is commonly found in fruits and vegetables?

- Option: Fibre
- Option: Protein
- Option: Magnesium
- Option: Compound

2. Which type of nutrient is vital for building and repairing tissues?

- Option: Fat
- Option: Carbohydrate
- Option: Protein
- Option: Sugar

3. Which mineral is important for muscle function and energy production?

- Option: Calcium
- Option: Iron
- Option: Magnesium
- Option: Zinc

4. What type of cells are responsible for transmitting signals in the body?

- Option: Muscle cells
- Option: Epithelial cells
- Option: Nerve cells
- Option: Blood cells

5. What is a common psychological condition that can impact mental and physical health?

- Option: Joy
- Option: Calm
- Option: Stress
- Option: Relaxation

6. How should one approach a risky situation to avoid potential harm?



- Option: Carelessly
- Option: Quickly
- Option: Cautiously
- Option: Arrogantly

7. What is the term for the most favorable conditions or levels for achieving success?

- Option: Optimal
- Option: Suboptimal
- Option: Marginal
- Option: Inefficient

8. What is the act of maintaining or continuing a process over time?

- Option: End
- Option: Sustain
- Option: Terminate
- Option: Discontinue

9. What is the process of moving from one state or condition to another?

- Option: Departure
- Option: Transition
- Option: Stability
- Option: Reversal

10. What word describes something that lasts for a very short time?

- Option: Timeless
- Option: Persistent
- Option: Ephemeral
- Option: Perpetual

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. The _____ in the forest provides habitat for many species.
12. The data can be _____ to show overall trends.
13. Both parties must _____ to find a satisfactory agreement.
14. The new technology can _____ traditional industries significantly.
15. The project aims to _____ climate change effects.



16. The instructions were too _____ for me to follow easily.
17. She is known for her _____ research in renewable energy.
18. He was _____ by the unexpected results of the experiment.
19. The researcher emphasized the _____ of her findings in the study.
20. The new software enhances the _____ of the system dramatically.

Matching Sentences (Match each definition to the correct word from the vocabulary list.)

21. They decided to dismantle the old machinery to recycle its parts.
22. The confrontation between the two teams added tension to the event.
23. The nerve is responsible for transmitting signals throughout the body.
24. Muscle fibers contract to facilitate movement and provide strength.
25. The political upheaval led to significant changes in management.
26. Sensitivity to feedback is important for personal growth and improvement.
27. The researcher conducted experiments to validate her hypothesis.
28. Technological advancements often disrupt established industries.
29. The museum will exhibit ancient artifacts from various cultures.
30. It is essential to navigate through complex regulations when starting a business.

Answer

- Multiple Choice:** 1. Fibre 2. Protein 3. Magnesium 4. Nerve cells 5. Stress 6. Cautiously 7. Optimal 8. Sustain 9. Transition 10. Ephemeral
- Gap-Fill:** 11. foliage 12. aggregated 13. compromise 14. disrupt 15. mitigate 16. complicated 17. pioneering 18. perplexed 19. significance 20. capability
- Matching sentence:** 1. dismantle 2. confrontation 3. nerve 4. muscle 5. upheaval 6. sensitivity 7. researcher 8. disrupt 9. exhibit 10. navigate



CATEGORY

1. Health - LEVEL6

Date Created

2026/02/24

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