
WSOC TV: Reporter Shares Shingles Experience in Chapter 9

Description

Jonathan Lowe, a reporter for Channel 9, recently shared his personal battle with shingles, a painful and debilitating medical condition that affects more people than many realize. It is estimated that 1 in 3 individuals will develop shingles in their lifetime, especially if they have had chicken pox in the past. Shingles occurs when the virus from chicken pox reactivates later in life, causing symptoms like blisters, itching, and severe nerve pain.

Lowe recounted his experience with shingles, emphasizing the extreme discomfort and unexpected complications he faced. Despite initially mistaking his symptoms for a mild illness, Lowe soon realized the seriousness of the situation as the pain intensified. He eventually developed Bell's palsy, a side effect of shingles that left him with facial nerve damage.

Lowe's story serves as a reminder of the importance of considering the shingles vaccine, even for younger individuals. While the vaccine is typically recommended for those aged 50 and over, Lowe encourages people of all ages to consult with their healthcare providers about the vaccine to avoid experiencing the challenges he faced.

Vocabulary List:

- Shingles** // (noun): A painful blistering rash caused by the reactivation of the varicella-zoster virus.
- Debilitating** // (adjective): Causing someone to become weak or infirm.
- Complications** // (noun): Unforeseen issues or problems that arise during a situation.
- Reactivates** // (verb): Becomes active again after a period of dormancy.
- Intensified** // (verb): Made more intense or stronger.
- Consult** // (verb): Seek information or advice from someone with expertise in a particular area.

Vocabulary quizzes

Multiple Choice (Select the Correct answer for each question.)

1. What activity involves examining, analyzing, and researching?

- Option: Eating
- Option: Investigating
- Option: Sleeping
- Option: Playing

2. What is a method to prevent or provide immunity to a particular disease?

- Option: Medication
- Option: Vaccination
- Option: Exercise
- Option: Surgery

3. Which medical condition is caused by the reactivation of the varicella-zoster virus?

- Option: Migraine
- Option: Shingles
- Option: Diabetes
- Option: Asthma

4. What is the condition in which blood clots form in a blood vessel?

- Option: Hypertension
- Option: Asthma
- Option: Thrombosis
- Option: Arthritis

5. Which term describes a condition where the body's immune system attacks its own cells?

- Option: Contagious
- Option: Autoimmune
- Option: Vaccination
- Option: Detection

6. What is the body's response to injury or infection characterized by redness swelling and pain?

- Option: Regulating
- Option: Inflammation
- Option: Composition
- Option: Monitoring

7. Which proteins help the body's immune system recognize and fight off pathogens?

- Option: Antibodies
- Option: Enhancing
- Option: Consult
- Option: Lymphoma

8. What are unforeseen or abnormal outcomes or issues that arise during a medical condition?

- Option: Rare

Option: Complications
Option: Adenovirus
Option: Genetic

9. Which term relates to the nervous system particularly the brain and nerves?

Option: Indicators
Option: Neurological
Option: Autoantibody
Option: Monitoring

10. What type of antibody mistakenly targets a person's own tissues as if they were pathogens?

Option: Detection
Option: Autoantibody
Option: Indicators
Option: Regulating

Gap-Fill (Fill in the blanks with the correct word from the vocabulary list.)

11. _____ with health authorities can help prevent the spread of infectious diseases.

12. Regular exercise is key to _____ one's overall health.

13. Fever and fatigue are common _____ of an underlying infection.

14. The endocrine system is responsible for _____ various bodily functions through hormone release.

15. Doctors recommended closely _____ the patient's vital signs after surgery.

16. Food and drinks are _____ to provide essential nutrients to the body.

17. Severe arthritis can lead to _____ pain and limited mobility.

18. Although _____ the condition can be life-threatening if not treated promptly.

19. The _____ of a vaccine determines its effectiveness in combating specific diseases.

20. Early _____ of cancer greatly improves treatment outcomes.

**Matching Sentences (Match each definition to the correct word from the vocabulary list.)**

21. Adenovirus is a common cause of respiratory infections in humans.
22. Certain diseases have a strong component making them more likely to run in families.
23. is a type of cancer that affects the lymphatic system.
24. If you have any concerns about your health it is advisable to a healthcare professional.
25. Computers understand and process information using a system of 0s and 1s.
26. An autoimmune disorder occurs when the immune system produces that attack the body's own cells.
27. Deep vein is a type of thrombosis that can lead to serious health complications if not treated promptly.
28. Regular exercise plays a crucial role in one's physical fitness and mental well-being.
29. Increased heart rate and abnormal test results are of a potential heart condition.
30. is one of the most effective ways to prevent contagious diseases and protect public health.

Answer

Multiple Choice: 1. Investigating 2. Vaccination 3. Shingles 4. Thrombosis 5. Autoimmune 6. Inflammation 7. Antibodies 8. Complications 9. Neurological 10. Autoantibody

Gap-Fill: 11. Cooperating 12. Enhancing 13. Indicators 14. Regulating 15. Monitoring 16. Ingested 17. Debilitating 18. Rare 19. Composition 20. Detection

Matching sentence: 1. Adenovirus 2. Genetic 3. Lymphoma 4. Consult 5. Binary 6. Autoantibody 7. Thrombosis 8. Enhancing 9. Indicators 10. Vaccination

CATEGORY

1. Health - LEVEL2

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